



**“What you do today can  
improve all your tomorrows.”**

**-Ralph Marston**



# **head start™**

A Service of Utah Community Action

Our Head Start Program is a free program serving over 2,000 children each year and has been recognized as the Best Public Preschool in Utah. Head Start provides comprehensive family support and a research-based curriculum to make sure each and every child is able to reach their potential. Our Head Start program is inclusive and welcomes children with disabilities into all of our settings.



Locations:

Salt Lake, Tooele &  
Washington Counties



Apply Now:

[www.utahca.org/head-start/](http://www.utahca.org/head-start/)

*For more information email [ERSEAteam@utahca.org](mailto:ERSEAteam@utahca.org) or call (801) 359-2444 Monday-Friday 8 am to 5 pm.*

## Services:

**Social & Emotional Development:** Our teachers, classrooms, and supervised interactions with other children, help a growing child develop important social and emotional skills, as well as a healthy concept of their personal identity.

**School Readiness:** Language development, literacy skills, and basic numeracy knowledge prepare children to excel in kindergarten and beyond.

**Physical Well-being:** Through research-based play and exercise, children learn healthy habits that will support a lifelong foundation of good health.

**Health & Oral Services:** Services include mental health support as well as preventive screenings and exams—immunizations, physical and dental exams, vision and hearing screenings, as well as developmental and social-emotional screenings.

**Nutrition Services:** Head Start children receive free made-from-scratch healthy meals that meet at least two-thirds of their daily nutritional needs.

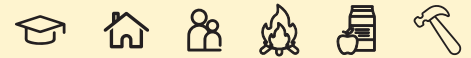
**Parent Engagement & Education:** Family advocates, teachers and parents work together to engage children and achieve both family and child goals.

**Family Support & Well-Being:** Through strengths-based partnerships with families, we strive to help support better outcomes for families and their children.

**Disability Services:** 10% of our program is reserved for children with disabilities to be served in an inclusive classroom setting.



Empowering individuals, strengthening families, and building communities through self-reliance and education programs.



Adult Education • Case Management & Housing • Head Start • HEAT • Nutrition • Weatherization

[www.utahca.org](http://www.utahca.org)

(801) 359-2444

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